

# JSS SPIRITUAL MISSION



NEWSLETTER- MARCH 2023



## Rudra Mantra Recitation



## Rudram Chanting

Under the spiritual guidance of HH Almatti Swamiji, the Sri Rudram Mantra recitation has been practiced since October 2022. This is one of the most powerful mantras according to Hindu scriptures. The recitation of this sacred mantra promotes health and happiness. Rudra Mantra removes fear and clears all the confusion and vagaries of the mind. Every human has some fears deep inside, chanting Rudra Mantra regularly in a prescribed way with devotion and concentration can help overcome all kinds of fears and stresses. If interested in participating, please contact M. Puttaraju at [mpraju08@gmail.com](mailto:mpraju08@gmail.com) or JSS office at 301 85 2048, [jss@jssmission.org](mailto:jss@jssmission.org).

## Yoga Program

JSS Spiritual Mission conducts yoga programs for people of all ages. You can enjoy better mental and physical health by joining the Saturday chair yoga or Sunday full-body yoga program at JSS Spiritual Mission.

<https://us06web.zoom.us/j/8346330359?pwd=WDJTeVcyYmtBQnVwUng0aWV6UDBudz09#success>

In addition to this weekly ongoing program, plans are in progress to bring a virtual class on therapeutic yoga from no other than JSS sister institution. As most of you know the JSS has more than 350 institutions, all dedicated to education, service to humanity, and spiritual development. One such institution is JSS Nature Cure and Yoga Hospital in Coimbatore, Tamil Nadu, India. Subhas Malghan recently had the wonderful blessing of being a guest at the hospital to experience the power of nature cure. Two highly accomplished professors at this institution have agreed to conduct the therapeutic yoga program for the benefit of all interested. While we will roll out details shortly, you are welcome to contact Subhas Malghan or Sanjath Sulkunte for details.

### **The new temple construction project has been progressing with the following developments:**

- The initial cost estimate for the new temple and community center is \$15M. With the grace of HH Jagadguru Sri Shivarathri Deshikendra Mahaswamiji we have selected a construction manager to join the JSS SM Construction Committee. The real work on selecting a site preparation company is in progress. The first sign of the construction you will see toward the end of May when the barn will be demolished.
- The Construction Committee led by Umesh Murthy continues to hold weekly and biweekly meetings to review progress and disseminate information.
- One of the major challenges has been slow progress of the collection of donations and pledges. Of the total cost of \$15M, our initial goal is to raise \$7.5M to enable us to seek a bank loan for the remaining funds. We need to raise at least an additional \$4.5M for the bank to consider our application.
- The fundraising committee has been working toward this goal. Our IT team led by Suresh Dasari and Sanjath Sulkunte has been busy implementing CRM to manage the funds collection process.



## 2023 donation plans

We continue to seek your best wishes and contributions toward the new temple project. As you visit the temple and Ashram in the coming days, please ingrain in your hearts and minds the image of the new temple and begin connecting your consciousness so that the collective consciousness will materialize into a reality. Most of all, we need your financial commitment to successfully execute this project.

“Many of the things that seem impossible now will become realities of tomorrow.” — Walt Disney

While you have many options to dedicate your hard-earned money, please remember to include the JSS Spiritual Mission. You will be glad you did because this is your Mission. The new temple will be a gift of legacy to our children and grandchildren, and this will be place for our generation that we call, it is “OURS,” and we built it. With your help, we will succeed in building a new temple and spiritual center. We look forward to further connecting with you and answering your questions.

### Sunday School Program

Our teachers and Sunday School coordinators (Archana Pinnepalli, Sonal Sulkunte, Sulochana Guggari, and Roopa Dasari) are doing an outstanding job of helping our children in a loving and caring environment. We encourage teachers and parents to discuss views and share thoughts on the progress of our children. To know more about Sunday School Program, please contact +1 301-414-0144.

You already heard the buz, the JSS FLL team participated in FLL Championship held in UMBC, Baltimore and were awarded as the best in coding category. We are proud of their accomplishment. Next month our kids will be participating in VSNA Basava Jayanthi program and Rockville Science Center Exhibition.

### Catering

Our Prasadakaraka, Prakash prepares delicious prasadam and other Indian foods and catering services are available for every occasion. Contact +1 240-729-1016 for catering needs. We are in



the process of moving the kitchen to a new building adjacent to the Ashram. This will be a very nice and spacious experience for all visitors.

## Temple

Our temple priests Mahadeva Swamy and Rudresh are experienced and well-versed in performing poojas and rituals. Contact +1 301-875-2051, and +1 240-883-4010 for pooja needs.

Holi was celebrated on March 12<sup>th</sup> and Ugadi was celebrated on March 22<sup>nd</sup> with Sri. Chamundeshwari Pooja.

## Ashram activities

Based on many devotees' requests, a new "Yearly Pooja Service" has been introduced with two pooja's per month for one year along with other yearly pooja options. For more details contact JSS Office at 301 85 2048 or at [jss@jssmission.org](mailto:jss@jssmission.org) or with our priests.



## Looking for a vehicle

Please let us know if you have a vehicle that you would like to donate. We need this vehicle for personal use by our priests and prasadakara. Alternatively, we can even consider if you want to sell a vehicle.

We are here to serve you and we look forward to seeing you soon at the Mission.

May the Divine grace illumine your path and protect you in all you do.

## JSS Spiritual Mission

